

Forest Federation Long Term Planning – PSHE and SRE (2022-23)



Purpose of Study

Within the Forest Federation, a high-quality PSHE education will enable children to become well-rounded individuals, equipped to cope with the challenges that life brings. It should inspire pupils' social, moral, and spiritual growth and prepare them to become future citizens who make well informed choices.

Aims of the PSHE National Curriculum

The national curriculum for PSHE and SRE aims to ensure that all pupils:

- Promotes the spiritual, moral, cultural, mental, and physical development of pupils at the school and of society, and
- Prepares pupils at the school for the opportunities, responsibilities, and experiences of later life.

PSHE/ SRE Curriculum overview

Year A and Year B revisit the same topics in order, building on skills from the previous year.

PSHE Units which focus on elements of SRE coverage are shown in **red text**

Phase	Year Group	Autumn Term		Spring Term		Summer Term	
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Foundation	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
KS1	Year 1	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	Year 2	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
LKS2	Year 3	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	Year 4	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
UKS2	Year 5	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	Year 6	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me