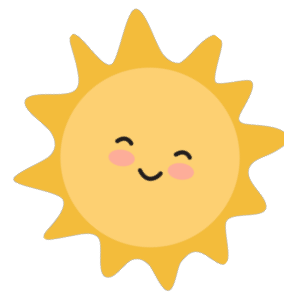




# SPRING / SUMMER Menu



w.c 21/4 12/5 9/6 30/6 21/7

2025 - 1 <small>Hot</small>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Chicken Tikka Curry with Rice and Mixed Vegetables	Kingswood's All Day Breakfast (Sausages, Mini Omelette, Crispy Cube Potatoes and Baked Beans)	Plant Power Bolognaise with Wholemeal Pasta, Peas and Sweetcorn (vgn)	Roast Chicken Fillet in Gravy with Yorkshire Pudding, Roast Potatoes and Broccoli	Fish Star with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Vegetarian</b>	Summer Vegetable Tikka Curry with Rice and Mixed Vegetables (v)	Kingswood's Vegetarian All Day Breakfast (Quorn Sausage, Mini Omelette, Crispy Cube Potatoes and Baked Beans) (v)	Classic Macaroni Cheese with Peas and Sweetcorn (v)	Golden Roast Quorn Fillet in Gravy with Roast Potatoes and Broccoli (vgn)	Crispy Vegetable Nuggets with Chips and Garden Peas, Tomato Ketchup (optional) (v)
<b>Jacket Potato</b>	<b>Option A -</b> with Grated Cheese (v) and Cucumber Sticks	<b>Option A -</b> with Grated Cheese (v) and Carrot Batons	<b>Option A -</b> with Grated Cheese (v) and Cherry Tomatoes	<b>Option A -</b> with Grated Cheese (v) and Cucumber Sticks	<b>Option A -</b> with Grated Cheese (v) and Mixed Salad
	<b>Option B -</b> with Baked Beans (vgn) and Cucumber Sticks	<b>Option B -</b> with Tuna Mayo and Carrot Batons	<b>Option B -</b> with Baked Beans (vgn) and Cherry Tomatoes	<b>Option B -</b> with Tuna Mayo and Cucumber Sticks	<b>Option B -</b> with Baked Beans (vgn) and Mixed Salad
<b>*Free From</b>	Moroccan Sweet Potato and Chickpea Tagine with Rice and Mixed Vegetables (vgn)	Spanish Chicken Traybake with Crispy Cube Potatoes	Rainbow Rice Salad with Peas and Sweetcorn (vgn)	Roast Chicken Fillet in Gravy with Roast Potatoes and Broccoli	Breaded Chicken Fillet with Chips and Garden Peas
<b>Packed Lunch</b>	<b>Option A -</b> Cheese Roll (v) Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Sandwich (v) Carrot Batons, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Roll (v) Cherry Tomatoes, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Wrap (v) Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Roll (v) Mixed Salad, Raisins and Pudding of the day or Fruit
	<b>Option B -</b> Ham Roll Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Tuna Mayo Sandwich Carrot Batons, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Chilled Cheese and Tomato Pizza Slice Cherry Tomatoes, Raisins and Pudding of the day or Fruit (v)	<b>Option B -</b> Chicken Mayo Wrap Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Plant Power Sausage Roll, Mixed Salad, Raisins and Pudding of the day or Fruit (vgn)
<b>Pudding</b>	Mini Blueberry Muffin (v) or Fruit (vgn)	Fresh Fruit (vgn)	American Pancake with Salted Caramel Drizzle (v) or Fruit (vgn)	Guilsborough Biscuit (vgn) or Fruit (vgn)	Jam and Coconut Cake (v) or Fruit (vgn)

(v) Vegetarian suitable

(vgn) Vegan suitable

\*All **Free From** Meals are free from top 14 Allergens

Please see online for full information of ingredients/allergens contained in the meals and puddings



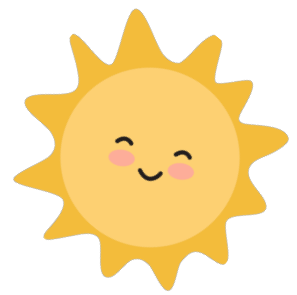
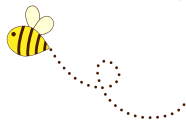
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# SPRING / SUMMER Menu



w.c 28/4 19/5 16/6 7/7

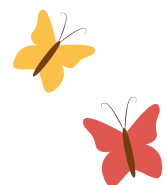
2025 - 2 <small>Hot</small>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Kingswood's Pork Meatballs in Homemade Tomato Sauce with Wholemeal Pasta and Mixed Vegetables	Crispy Chicken Goujons with Rice, Sweetcorn and BBQ Dip (optional)	Cheese and Tomato Pizza Slice with Baked Beans (v)	Roast Pork in Gravy with Yorkshire Pudding, Roast Potatoes and Diced Carrots	Fish Fingers with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Vegetarian</b>	Plant Power Meatballs in Homemade Tomato Sauce with Wholemeal Pasta and Mixed Vegetables (vgn)	Crispy Vegetable Nuggets with Rice, Sweetcorn (v) and BBQ Dip (optional)	Spanish Frittata with Baked Beans (v)	Golden Roast Quorn Fillet in Gravy with Roast Potatoes and Diced Carrots (vgn)	Classic Macaroni Cheese with Garden Peas (v)
<b>Jacket Potato</b>	<b>Option A -</b> with Grated Cheese (v) and Cucumber Sticks	<b>Option A -</b> with Grated Cheese (v) and Carrot Batons	<b>Option A -</b> with Grated Cheese (v) and Cherry Tomatoes	<b>Option A -</b> with Grated Cheese (v) and Cucumber Sticks	<b>Option A -</b> with Grated Cheese (v) and Mixed Salad
	<b>Option B -</b> with Baked Beans (vgn) and Cucumber Sticks	<b>Option B -</b> with Tuna Mayo and Carrot Batons	<b>Option B -</b> with Baked Beans (vgn) and Cherry Tomatoes	<b>Option B -</b> with Tuna Mayo and Cucumber Sticks	<b>Option B -</b> with Baked Beans (vgn) and Mixed Salad
<b>*Free From</b>	Italian Ratatouille in Homemade Tomato Sauce with Rice and Mixed Vegetables (vgn)	Summer Potato Salad with Sweetcorn (vgn)	Nut-Free Pesto Pasta (vgn)	Roast Pork in Gravy with Roast Potatoes and Diced Carrots	Breaded Chicken Fillet with Chips and Garden Peas
<b>Packed Lunch</b>	<b>Option A -</b> Cheese Roll (v) Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Sandwich (v) Carrot Batons, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Roll (v) Cherry Tomatoes, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Wrap (v) Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Roll (v) Mixed Salad, Raisins and Pudding of the day or Fruit
	<b>Option B -</b> Ham Roll Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Tuna Mayo Sandwich Carrot Batons, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Egg Mayo Roll Cherry Tomatoes, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Chicken Mayo Wrap Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Plant Power Sausage Roll, Mixed Salad, Raisins and Pudding of the day or Fruit (vgn)
<b>Pudding</b>	Belgian Waffle (v) or Fruit (vgn)	Fresh Fruit (vgn)	Frozen Fruit Smoothie (vgn) or Fruit (vgn)	Cocoa Cookie (vgn) or Fruit (vgn)	Banana Cake (v) or Fruit (vgn)

(v) Vegetarian suitable

(vgn) Vegan suitable

\*All **Free From** Meals are free from top 14 Allergens

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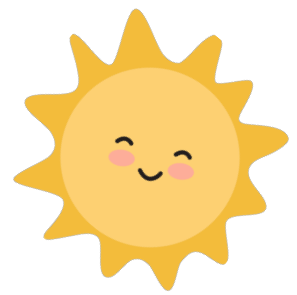
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# SPRING / SUMMER Menu



w.c 5/5 2/6 23/6 14/7

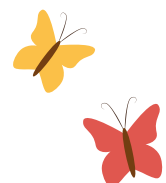
2025 - 3 <small>Hot</small>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Pork Sausages with Creamy Mashed Potato and Baked Beans	Breaded Chicken Fillet with Crispy Cube Potatoes and Sweetcorn	Vegetable Chilli with Rice and Mixed Vegetables (vgn)	Roast Chicken Fillet in Gravy with Yorkshire Pudding, Roast Potatoes and Green Beans	Salmon and Sweet Potato Fish Cake with Chips and Garden Peas, Tomato Ketchup (optional)
<b>Vegetarian</b>	Tasty Quorn Sausage with Creamy Mashed Potato and Baked Beans (vgn)	Homemade Vegetable Lasagne with Sweetcorn (v)	Classic Macaroni Cheese with Mixed Vegetables (v)	Golden Roast Quorn Fillet in Gravy with Roast Potatoes and Green Beans (vgn)	Cheese and Tomato Panini with Chips and Garden Peas, Tomato Ketchup (optional) (v)
<b>Jacket Potato</b>	<b>Option A -</b> with Grated Cheese (v) and Cucumber Sticks	<b>Option A -</b> with Grated Cheese (v) and Carrot Batons	<b>Option A -</b> with Grated Cheese (v) and Cherry Tomatoes	<b>Option A -</b> with Grated Cheese (v) and Cucumber Sticks	<b>Option A -</b> with Grated Cheese (v) and Mixed Salad
	<b>Option B -</b> with Baked Beans (vgn) and Cucumber Sticks	<b>Option B -</b> with Tuna Mayo and Carrot Batons	<b>Option B -</b> with Baked Beans (vgn) and Cherry Tomatoes	<b>Option B -</b> with Tuna Mayo and Cucumber Sticks	<b>Option B -</b> with Baked Beans (vgn) and Mixed Salad
<b>*Free From</b>	Chicken Fillet with Creamy Mashed Potato and Baked Beans	Sri Lankan Curry with Rice and Sweetcorn (vgn)	Tomato Pasta and Mixed Vegetables (vgn)	Roast Chicken Fillet in Gravy with Roast Potatoes and Green Beans	Breaded Chicken Fillet with Chips and Garden Peas
<b>Packed Lunch</b>	<b>Option A -</b> Cheese Roll (v) Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Sandwich (v) Carrot Batons, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Roll (v) Cherry Tomatoes, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Wrap (v) Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option A -</b> Cheese Roll (v) Mixed Salad, Raisins and Pudding of the day or Fruit
	<b>Option B -</b> Ham Roll Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Tuna Mayo Sandwich Carrot Batons, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Egg Mayo Roll Cherry Tomatoes, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Chicken Mayo Wrap Cucumber Sticks, Raisins and Pudding of the day or Fruit	<b>Option B -</b> Plant Power Sausage Roll, Mixed Salad, Raisins and Pudding of the day or Fruit (vgn)
<b>Pudding</b>	Fruit Yogurt (v) or Fruit (vgn)	Fresh Fruit (vgn)	Mini Chocolate Chip Muffin (v) or Fruit (vgn)	Oaty Biscuit (vgn) or Fruit (vgn)	Iced Vanilla Sponge Cake (v) or Fruit (vgn)

(v) Vegetarian suitable

(vgn) Vegan suitable

\*All **Free From** Meals are free from top 14 Allergens

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