



Year 1 Autumn Term 1, 2026 All about Me



Maths

Children will explore:

Numbers to 10
Number bonds to 10 and 20
Addition within 10
Subtraction within 10

They will be developing confidence with counting and simple calculations. They will also deepen their knowledge of number and place value by learning number bonds, exploring the different ways of making 10.

English

Stick man by Julia Donaldson

In English this term, we will use the book 'Stick Man' to inspire our own journey tales. The children will develop their reading, speaking and writing skills through a range of engaging activities. Year 1 pupils will practise writing simple, sequenced sentences using capital letters, finger spaces, full stops and the conjunction and.

PSHE

Children will understand that families and friends can look different. They will also spend time thinking about their friends and what they like doing with them; as well as what their friends look like when they are sad, angry, tired or happy. The children will learn that friendships are not always perfect and will need to work well as part of team. Children will also look at stereotypes and think about why having good manners is important.

RE

Pupils will explore why it is important to care for the world and for others. They will learn about Christian and Jewish beliefs, including the creation story, God's love for all people, and the responsibility to show kindness, compassion and care. Children will consider how people of different faiths and beliefs help others through actions such as charity and looking after the natural world.

Science

We will explore the four different seasons, beginning by observing how the weather changes throughout the year. We will also examine how trees transform in each season and identify key events that occur during these times. Additionally, we will recognize how daylight hours vary with each season and record our observations to create a pictogram. Finally, we will gather and analyse data to observe the changes across all four seasons.

History

This term, we will explore the theme "All about Me" They will share their interests, hobbies, and the things that are important to them. Children will explore different celebrations and traditions, as well as how childhood has changed over time. They will finish the unit by creating a time capsule to capture memories from their time at school.

Computing

Pupils will develop their mouse skills and learn how to use computers more purposefully. They will practise logging in, navigating around a computer, controlling a cursor and using tools such as click, drag and drop. They will also use simple software to create digital artwork.

PE

We will be exploring the fundamental skills of balancing, running, changing direction, jumping, hopping and skipping. The children will explore these skills in isolation as well as in combination. They will be given opportunities to identify areas of strength and areas for improvement. Additionally they will work collaboratively with others, taking turns and sharing ideas..

DT/Music

Design and Technology:

Children will explore stable structures by investigating shapes, balance and strong bases. They will use their knowledge to design and create a stable pencil pot.

Music:

Children will explore creating sounds with their voices, bodies and instruments, experimenting with tempo and dynamics.